NINETEENTH SUNDAY AFTER PENTECOST



ST. VINCENT'S CATHEDRAL

September 29, 2024

10:30AM

Welcome to St. Vincent's Cathedral

We are so glad you are here!

The **NURSERY** for infants and pre-school children is open but unmanned at the 8:30am service.

We offer childcare in the nursery from 9:30am to 11:20am.

The nursery is located at the North entrance of the building.

We love children at St. Vincent's!

We invite you to come as you are into the worship of the Church. You may notice that worship here is very **participatory**—how we worship may seem complex, or even overwhelming.

If you are worried about what to do, just **RELAX**, and keep these things in mind:

1. If you are worshipping God, you cannot go wrong.

2. If you need help, ask someone near you.

3. Regardless of what anyone else is doing, you do not have to do anything that makes you feel uncomfortable.

As we worship the LORD in the beauty of holiness, we try to follow this formula:

Before the service, speak to the Lord. During the service, let the Lord speak to you. After the service, speak to one another.

Every Sunday is a celebration of the Resurrection; therefore, every Sunday is Holy Eucharist.

All Baptized Christians who recognize the Real Presence of Jesus in the Eucharist are welcome to receive the Body and Blood of Jesus Christ. If not baptized, or uncomfortable with Holy Communion, you can still come forward to the Altar Rail and **receive a blessing**: simply cross your arms over your chest and a priest will pray a blessing over you.

During Holy Communion, the ushers will guide you forward to the Altar Rail.

You may stand or kneel to receive Communion or the blessing. The consecrated Bread may be received either in the hand or on the tongue. To receive the consecrated Wine, grasp the base of the chalice and guide it to your lips.

We would love for you to fill out a **Visitor's Card** or a **Prayer Card** available in the pews. Place them in the offering plate or hand them to one of the ushers and we would be happy to follow up with you during the week.

Again, **WELCOME** to St. Vincent's Cathedral.

May the LORD bless you and keep you; may the LORD make his face to shine upon you and be gracious to you: may the LORD lift up his countenance upon you and give you peace."

Anyone interested in membership, baptism, confirmation, reception or reaffirmation, please contact the Church Office at 817-354-7911.

Where you see this sign \blacksquare , this is where we customarily cross ourselves. It is optional.

Nineteenth Sunday after Pentecost ACNA—Year B



Words: Geoffrey Anketel Studdert-Kennedy (1883-1929). By permission of Hodder and Stoughton Limited. Music: Morning song, melody att. Elkanah Kelsay Dare (1782-1826); harm. Charles Winfred Douglas (1867-1944). Copyright © The Church Pension Fund.

THE ACCLAMATION

The People standing, the Celebrant says,



Music: Ambrosian chant; adapt. Mason Martens (1933-1991). Copyright © 1971 Mason Martens.

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

The Summary of the Law

Hear what our Lord Jesus Christ says: You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and great commandment. And the second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets. MATTHEW 22:37-40



The Kyrie

The complete Service, including the Creed and the Benedictus, is published by the Oxford University Press, London-Carl Fischer, Inc., sole agents for the U.S. A.

The Gloria In Excelsis





Music: From Missa de Sancta Maria Magdalona, Healey Willan (1881-1968). By permission of Oxford University Press.

The Collect of the Day

The Celebrant says to the People

PeopleThe Lord be with you.PeopleAnd with your spirit.CelebrantLet us pray.

O merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Lessons

Please sit.

The First Lesson

NUMBERS 11:4-6, 10-17, 24-29

Now the rabble that was among them had a strong craving. And the people of Israel also wept again and said, "Oh that we had meat to eat! We remember the fish we ate in Egypt that cost nothing, the cucumbers, the melons, the leeks, the onions, and the garlic. But now our strength is dried up, and there is nothing at all but this manna to look at."

Moses heard the people weeping throughout their clans, everyone at the door of his tent. And the anger of the LORD blazed hotly, and Moses was displeased. Moses said to the LORD, "Why have you dealt ill with your servant? And why have I not found favor in your sight, that you lay the burden of all this people on me? Did I conceive all this people? Did I give them birth, that you should say to me, 'Carry them in your bosom, as a nurse carries a nursing child,' to the land that you swore to give their fathers? Where am I to get meat to give to all this people? For they weep before me and say, 'Give us meat, that we may eat.' I am not able to carry all this people alone; the burden is too heavy for me. If you will treat me like this, kill me at once, if I find favor in your sight, that I may not see my wretchedness." Then the LORD said to Moses, "Gather for me seventy men of the elders of Israel, whom you know to be the elders of the people and officers over them, and bring them to the tent of meeting, and let them take their stand there with you. And I will come down and talk with you there. And I will take some of the Spirit that is on you and put it on them, and they shall bear the burden of the people with you, so that you may not bear it yourself alone.

So Moses went out and told the people the words of the LORD. And he gathered seventy men of the elders of the people and placed them around the tent. Then the LORD came down in the cloud and spoke to him, and took some of the Spirit that was on him and put it on the seventy elders. And as soon as the Spirit rested on them, they prophesied. But they did not continue doing it. Now two men remained in the camp, one named Eldad, and the other named Medad, and the Spirit rested on them. They were among those registered, but they had not gone out to the tent, and so they prophesied in the camp. And a young man ran and told Moses, "Eldad and Medad are prophesying in the camp." And Joshua the son of Nun, the assistant of Moses from his youth, said, "My lord Moses, stop them." But Moses said to him, "Are you jealous for my sake? Would that all the LORD's people were prophets, that the LORD would put his Spirit on them!"

ReaderThe Word of the Lord.PeopleThanks be to God.

PSALM 19:7-14



⁷ The law of the LORD is perfect, reviving the | soul; *

the testimony of the LORD is sure, and gives wisdom to the | simple.

- 8 The statutes of the LORD are right, and rejoice the | heart; * the commandment of the LORD is pure, and gives light to the | eyes.
- 9 The fear of the LORD is clean, and endures for | ever; * the judgments of the LORD are true, and righteous alto- | gether.
- 10 More to be desired are they than gold, even much fine | gold; * sweeter also than honey, than the drippings from the | honey-comb.
- 11 Moreover, by them is your servant | taught, * and in keeping them there is great re- | ward.
- 12 Who can tell how often he of- | fends? * O cleanse me from my secret | faults.
- 13 Keep your servant also from presumptuous sins, lest they get the dominion | over me; * so shall I be undefiled, and innocent of great of- | fense.

14 Let the words of my mouth and the meditation of my heart be always acceptable in your | sight, * O LORD, my rock and my re- | deemer.

The Second Lesson

JAMES 4:7-5:6

Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded. Be wretched and mourn and weep. Let your laughter be turned to mourning and your joy to gloom. Humble yourselves before the Lord, and he will exalt you.

Do not speak evil against one another, brothers. The one who speaks against a brother or judges his brother, speaks evil against the law and judges the law. But if you judge the law, you are not a doer of the law but a judge. There is only one lawgiver and judge, he who is able to save and to destroy. But who are you to judge your neighbor?"

Come now, you who say, "Today or tomorrow we will go into such and such a town and spend a year there and trade and make a profit"—yet you do not know what tomorrow will bring. What is your life? For you are a mist that appears for a little time and then vanishes. Instead you ought to say, "If the Lord wills, we will live and do this or that." As it is, you boast in your arrogance. All such boasting is evil. So whoever knows the right thing to do and fails to do it, for him it is sin.

Come now, you rich, weep and howl for the miseries that are coming upon you. Your riches have rotted and your garments are moth-eaten. Your gold and silver have corroded, and their corrosion will be evidence against you and will eat your flesh like fire. You have laid up treasure in the last days. Behold, the wages of the laborers who mowed your fields, which you kept back by fraud, are crying out against you, and the cries of the harvesters have reached the ears of the Lord of hosts. You have lived on the earth in luxury and in self-indulgence. You have fattened your hearts in a day of slaughter. You have condemned and murdered the righteous person. He does not resist you.

ReaderThe Word of the Lord.PeopleThanks be to God.

Hollingside



Words: Frances Ridley Havergal (1836-1879), alt. Music: Hollingside, John Bacchus Dykes (1823-1876).

Please stand.

The Deacon says	₩₩₩THE HOLY GOSPEL OF OUR LORD JESUS CHRIST
	according to St. Mark.
	(Mark 9:38-48)
People	Glory to you, Lord Christ.

John said to Jesus, "Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us." But Jesus said, "Do not stop him, for no one who does a mighty work in my name will be able soon afterward to speak evil of me. For the one who is not against us is for us. For truly, I say to you, whoever gives you a cup of water to drink because you belong to Christ will by no means lose his reward. Whoever causes one of these little ones who believe in me to sin, it would be better for him if a great millstone were hung around his neck and he were thrown into the sea. And if your hand causes you to sin, cut it off. It is better for you to enter life crippled than with two hands to go to hell, to the unquenchable fire. And if your foot causes you to sin, cut it off. It is better for you to enter the king-dom of God with one eye than with two eyes to be thrown into hell, 'where their worm does not die and the fire is not quenched."

The Deacon says	The Gospel of the Lord.
People	Praise to you, Lord Christ.

Please sit.

At this time, children ages 4 through 3rd grade are dismissed for Children's Chapel. They will return for communion.

THE SERMON Dean Mark Polley Please stand.

The Nicene Creed

Let us confess our faith in the words of the Nicene Creed:

Celebrant and people

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, visible and invisible.

We believe in one Lord, Jesus Christ the only-begotten Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God. begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven. was incarnate from the Holy Spirit and the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate: he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father [and the Son]. Who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one Baptism for the forgiveness of sins. We look for the ≇ resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

The Deacon or other appointed person says these prayers,

Let us pray for the Church and for the world, saying, "Hear our prayer."

Please kneel or sit.

For the peace of the whole world, and for the well-being and unity of the people of God,

Reader Lord, in your mercy.

People Hear our prayer.

For Stephen, our Archbishop, Ryan, our Bishop, Keith, our Assisting Bishop, Jack, our Bishop Emeritus, and for all the clergy and people of our diocese and congregation, we pray especially for the staff and congregation of St. Francis in Austin, Aaron, their Rector,

ReaderLord, in your mercy.PeopleHear our prayer.

For all those who proclaim the Gospel at home and abroad; especially Anthony, our Centurion priest in Northern Malawi, and for all who teach and disciple others, especially the staff of La Gran Familia Children's Home in Mexico, for the staff and ministry of Camp Crucis in Granbury,

ReaderLord, in your mercy.PeopleHear our prayer.

For our brothers and sisters in Christ who are persecuted for their faith,

Reader Lord, in your mercy.

People Hear our prayer.

For our nation, for those in authority and for all in public service especially, Joseph, our President, Gregory, our Governor, the Supreme Court, members of Congress, mayors of our cities, those serving in the armed forces of our country, and for justice and peace in our land,

ReaderLord, in your mercy.PeopleHear our prayer.

For all those who are in trouble, sorrow, need, sickness, or any other adversity especially those struggling with unemployment, those suffering from physical and mental health ailments, and those whose faith is known to you alone,

Reader Lord, in your mercy.

People Hear our prayer.

For all those who minister to the health and well-being of others, all persons in law enforcement, all fire fighters and first responders, all doctors, nurses, technicians, and all health care workers, and all those who serve in education,

Reader Lord, in your mercy.

People Hear our prayer.

For members of our parish family especially those celebrating birthdays and anniversaries this week,

Reader Lord, in your mercy.

People Hear our prayer.

For all those 🗷 who departed this life in the certain hope of the resurrection, especially Lyle Wittmayer,

ReaderLord, in your mercy.PeopleHear our prayer.

The Celebrant concludes with the following prayer

Heavenly Father, grant these our prayers for the sake of Jesus Christ, our only Mediator and Advocate, who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

The Confession and Absolution of Sin

The Deacon or other appointed person says the following Let us humbly confess our sins to Almighty God. Silence The Deacon and People kneel as able and pray Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways,

to the glory of your Name. Amen.

The Celebrant stands and says

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who sincerely repent and with true faith turn to him, have mercy upon you, ♥ pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

All stand.

The Comfortable Words

The Celebrant then says the following,

Hear the Word of God to all who truly turn to him.

God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life. JOHN 3:16

The Peace

The Celebrant says to the people

The Peace of the Lord be always with you.

People And with your spirit.

Then the Ministers and People greet one another in the name of the Lord.

Please sit.

Announcements

Birthday and Anniversary Blessings

Book of Common Prayer, pg. 667

The Offertory

Offertory Anthem

Day by Day

M. How

Day by day, dear Lord, of these three things I pray: to see thee more clearly, love thee more dearly, follow thee more nearly day by day.

The Deacon or Priest prepares the Holy Table for the celebration.

The people stand while the offerings are presented.



The Doxology



CelebrantYours, O Lord, is the greatness, and the power,
and the glory, and the victory, and the majesty: for
everything in heaven and on earth is yours; yours is
the Kingdom, O Lord, and you are exalted as Head
above all. All things come from you, O Lord,PeopleAnd of your own have we given you.

1 Chronicles 29:11, 14

The Sursum Corda

The People remain standing. The Celebrant faces them and sings:



The Celebrant continues

It is right, our duty and our joy, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:



The Sanctus

THE PRAYER OF CONSECRATION

The People stand or kneel. The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and when we had sinned against you and become subject to evil and death, you, in your mercy, sent your only Son Jesus Christ into the world for our salvation. By the Holy Spirit and the

Virgin Mary he became flesh and dwelt among us. In obedience to your will, he stretched out his arms upon the cross and offered himself once for all, that by his suffering and death we might be saved. By his resurrection he broke the bonds of death, trampling Hell and Satan under his feet. As our great high priest, he ascended to your right hand in glory, that we might come with confidence before the throne of grace.

On the night that he was betrayed, our Lord Jesus Christ took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat; this is my Body which is given for you: Do this in remembrance of me." \blacksquare

Likewise, after supper, Jesus took the cup, and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the forgiveness of sins: Whenever you drink it, do this in remembrance of me." \blacksquare

Therefore we proclaim the mystery of faith:

Celebrant and People Christ has died. Christ is risen. Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving, and we offer you these gifts. Sanctify them by your Word and Holy Spirit to be for your people the Body and Blood of your Son Jesus Christ. ✤ Sanctify us also, that we may worthily receive this holy sacrament, and be made one body with him, so that he may dwell in us and we in him. In the fullness of time, put all things in subjection under your Christ, and bring us with the ever blessed Virgin Mary, blessed Vincent and all your saints into the joy of your heavenly kingdom, where we shall see our Lord face to face.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and forever. **Amen.**

The Lord's Prayer

The Celebrant then says

And now as our Savior Christ has taught us, we are bold to pray:



Music: Plainsong; adapt. Charles Winfred Douglas (1867-1944). Setting: Copyright © Church Publishing Inc.

THE FRACTION

The Celebrant breaks the consecrated Bread and sings

The Prayer of Humble Access

Celebrant and People together say

We do not presume to come to this, your table, O merciful Lord, trusting in our own righteousness, but in your abundant and great mercies. We are not worthy so much as to gather up the crumbs under your table; but you are the same Lord, whose character is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

The Ministration of Communion

Facing the people, the Celebrant says the following Invitation

■ Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those who are invited to the marriage supper of the Lamb.

John 1:29, Revelation 19:9

The ministers receive the Sacrament and then immediately deliver it to the people.

Baptized Christians, believing in the Presence of our Lord in this Sacrament, and who are in good standing in their church, may receive communion.

Common chalice containing the blood of Christ is optional. For further instructions, please refer to the inside cover of the front page.

Gardiner



Words: Frank Mason North (1850-1935), alt. Music: Gardiner, from Sacred Melodies, 1815; arr. William Gardiner (1770-1853).

The Post Communion Prayer

The people kneel and the Celebrant says

Let us pray.

Heavenly Father,

We thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ: and for assuring us in these holy mysteries that we are living members of the body of your Son, and heirs of your eternal Kingdom. And now Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and forever. Amen.

The Blessing

The Celebrant gives this prayer over the people

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, ♥ the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

The Dismissal

The Deacon or Priest dismisses the People, the People respond:

Thanks be to God.

Please stand.



Lord, dismiss us with thy blessing

Sicilian Mariners



Words: Att. to John Fawcett (1739/40-1817). Music: Sicilian Mariners, Sicilian melody; first published The European Magazine and London Review, 1792, alt.

Postlude in D

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The Altar Flowers are given for the glory of Almighty God and in honor of their Oct. Ist anniversary by Bob & Donna Thornton; in honor of their Oct. Ist anniversary by Ken & Susan Haney; in honor of Doug & Maida Cole by Dagmar Cole; in thanksgiving for the 5th Anniversary of Bishop Reed's consecration as the Fourth Bishop of the Diocese of Fort Worth; in thanksgiving for Alissa Brewer & the choir by Bp. & Kathy Reed; and in honor of Maliaka Addo's first birthday by Rebecca Nunoofio-Addo.

The Order of St. Luke will be available every Sunday after each service at the altar rail to pray with/for you. Additionally, a priest will be available to offer unction, birth-day, anniversary, or travel blessings.

If you have any pastoral needs or concerns, please contact Dean Mark Polley at mpolley@svacc.org with "Pastoral Care" in the subject line.

TODAY

9:30am—Adult Forum in the Parish Hall. Sunday School for all ages in the South Hall. 11:45am—Pray Shower in Seabury Hall.

5:00pm—Choral Evensong & Reception for Bp. Reed's 5th Anniversary of his consecration.

THIS WEEK

Wednesday at 9:00am—Mass in St. Mary's Chapel followed by Dean's Bible Study in the Conference Room at 10:00am.

Wednesday at 7:00pm—Choir Rehearsal in the Music Room.

Thursday at 6:45pm—Handbell Choir Rehearsal in the Music Room.

Thursday at 7:00pm—College & Young Adults in Seabury Hall.

Friday at 1:30pm—21st Annual Fr. Hadley Golf Tournament at Iron Horse Golf Course. To register, visit www.hadleygolf.org.

SAVE THE DATE

First Communion Classes will take place October 6th, 13th and 20th in the Atrium and First Communion will take place November 3rd, All Saints' Sunday. If interested, please email Laura West at lwest@svacc.org.

Sunday, October 6th at 6:30pm—Evening Prayer and Pet Blessing.

Saturday, October 26th, 11:00am to 3:00pm—The 46th Annual St. Vincent's Chili Cook Off & Fall Festival. Please join us for live music, chili, bounce houses, face painting, and more! This event is not possible without our amazing volunteers. Let us know how you can help. Email Cady Thomas at margaretcady@gmail.com.

Sunday, October 27th at 9:30am-10:30am in the Conference Room— CPR/AED Training. You never know when you might need to administer these life saving skills and you may be saving a family member. All are invited. RSVP Charles Dowden at cwdow den53@gmail.com.

ST. VINCENT'S CATHEDRAL

1300 Forest Ridge Drive Bedford, Texas 76022 817-354-7911

The Very Rev. Mark D. Polley – Dean of the Cathedral The Rev. John S. Kalimi – Diocesan Clergy Alissa Brewer – Music Director & Organist Stuart Estes – Coordinator of Youth & Communication Ministry Laura West – Coordinator of Nursery & Children's Ministry Mackenzie Johnson, Online Media Specialist – mjohnson@svacc.org

www.stvincentscathedral.org